

To learn more or register, visit www.ymcagbw.org/gotr

School: Phoenixville

FEBRUARY 12

Spring registration begins MARCH 12

Spring season begins
JUNE 2

Girls on the Run 5K



Sign up to be a GOTR Coach! It's fun and rewarding.

A fun, life-changing afterschool program for girls, grades 3-8.

Through interactive activities such as running, playing games, and discussing important issues, participants learn how to celebrate being girls. The 10-week program focuses on building self-esteem and improving emotional and physical health. The girls are empowered with a greater sense of self-awareness, a sense of achievement and a foundation in team building to help them become strong, content and self-confident women.

- Member: \$150Non-Member: \$150
- Reduced Registration fees if you qualify for Free & Reduced Lunch at school.
 - Proof of qualification required. (Copy of acceptance letter for free & reduced lunch program.
 - Must register in person at your Y branch.
- Additional FINANCIAL ASSISTANCE IS AVAILABLE –
 Apply at your nearest YMCA of Greater Brandywine branch prior to registration.
- Registration is first-come, first-served, teams fill fast!
- Questions? Email adale@ymcaqbw.orq or call Anne Dale 610-647-9622 x 2014